

Ballers Paradise Basketball Camp

Wednesday, August 7th, 2024

8:00 AM-9:00 AM- Check In

9:00 AM- Opening Statements

9:15 AM- Camp Stretch/Warm Up

9:30 AM- Full Camp Ball Handling

9:45 AM- Skill Development Stations (15 Minutes Each)

Station 1: Individual Scoring Stations **(Yellow)** **Station 2:** 2 On 2 Competitive **(Orange)**

Station 3: Post Moves/Two Ball Dribbling Workout **(Blue)** **Station 4:** Competitive Shooting **(Red)**

10:45 AM- Break/Stretch/Hydration

11:00 AM- Live Game Play (3 Courts Going at Once)

NBA Court 1: **Yellow/Orange** (Even Teams)

NCAA Court 2: **Blue/Red** (Even Teams)

12:00 PM- Lunch

1:00 PM- Pool Availability/Game Room/Extra Skill Work Available/Dodgeball

2:00 PM- Team Lines/Courts/Message/Areas of Emphasis

2:15 PM- Shooting Instruction: A Daily Shooting Workout (What Should it Look Like)

2:45 PM- Full Camp Defense/Defensive

3:00 PM- Watermelon Shooting

3:30 PM- NCAA/NBA Split: NCAA Teams (Centipede, Jump Stopping, Competitive Ball Handling) NBA Teams (3 on 3 Mixed Groups)

4:00 PM- Competition Stations

Hot Shot **(Yellow)** Knockout **(Orange)** RPS 1 on 1 **(Blue)** Redick 9 Shot **(Red)**

4:45 PM- Closing Statements

5:00 PM- Camper Pick Up

Thursday, August 8th, 2024

8:15 AM-9:00 AM- Breakfast/Day Camper Arrival

9:00 AM- Opening Statements

9:15 AM- Camp Stretch/Warm Up

9:30 AM- Defensive Skill Work

9:45 AM- Skill Development Stations (15 Minutes Each)

Station 1: Double Moves/Individual Scoring Stations **(Yellow)** **Station 2:** Shooting (Off of pins/staggers/flares **(Orange)**)

Station 3: 2 on 1 From Advantage **(Blue)** **Station 4:** 2 Ball Partner Ball Handling/Passing **(Red)**

10:30 AM- Break/Stretch/Hydration

10:45 AM- Live Game Play (3 Courts Going at Once)

NBA Court 1: **Yellow/Orange** (Even Teams)

NCAA Court 2: **Blue/Red** (Even Teams)

11:45 AM- Lunch

12:30 PM- Thompson Lake Departure/U-Ball Tournament/Swimming

2:45 PM- Head Back to Camp Pinnacle

3:15 PM- Group Split - NBA 1 on 1 (5 Baskets), NCAA Player Development/Group Games

3:45 PM- Competition Stations

Rooster **(Yellow)** 10 Shot 5 Spot **(Orange)** Mikán Challenge **(Blue)** Knockout **(Red)**

4:30 PM- Daily Dozen "Workout"

5:00 PM- Camper Pick Up

Friday, August 9th, 2024

8:15 AM-9:00 AM- Breakfast/Day Camper Arrival

9:00 AM- Opening Statements

9:15 AM- Camp Stretch/Warm Up

9:30 AM- Full Camp Ball Handling

9:45 AM- Skill Development Stations (Overview: Recap)

10:45 AM- Break/Stretch/Hydration

11:00 AM- NBA Court 1: **Yellow/Orange** (Even Teams)

NCAA Court 2: **Blue/Red** (Even Teams)

12:00 PM- Lunch

1:00 PM- Pool Availability/Game Room/Extra Skill Work Available/No Dribble Games

2:00 PM- Camp Video Instruction/Pinnacle Room

2:30 PM- Watermelon Shooting

3:00 PM- Competition Stations (Overview: Recap)

4:00 PM- NBA Court 1: **Yellow/Orange** (Even Teams)

NCAA Court 2: **Blue/Red** (Even Teams)

4:45 PM- Full Camp Defense

5:00 PM- Closing Statements

NBA Division:

Craig Farrell

Isaiah Fullins

Mario Morelli

Anne Spencer

Chance Harris

Elijah Case

Avery Duncan

Elijah Case

Brandt Cadet

Immanuel Mbango

Patrick McDonald

Giovanni Bronson

NCAA Division:

David Parella

Thomas Albano

Braxton Shields

Daniel Mandevu

Elizabeth Parella

Jackie Franco

Ben Mandevu

Brian Lifford

Sam Morrison

Slayd Snyder

Clark Wilder

Jacob Morrison

Grayson Fuller